

Adult Safeguarding

What it means for YOU

Adult Safeguarding means keeping you safe from abuse. St Margaret's will ensure that you have a right to be treated with respect and dignity at all times and this includes being free from abuse, mistreatment or neglect.



St. Margaret's Network
Independence, Autonomy, Self-direction

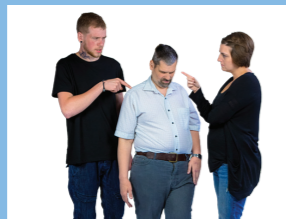
Always talk to someone if you are worried or afraid

WHAT IS ABUSE?

Abuse is any behaviour that violates your dignity.
(Adult Safeguarding Policy)

Emotional Abuse

This is where a person is treated differently and unfairly. It can be deliberate neglect.



Neglect

This is where the people who should be supporting you to look and feel your best are not doing what they should be doing with you or on your behalf.



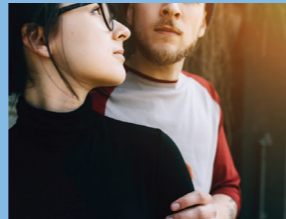
Financial Abuse

This is when someone steals from you or uses your money without your consent.



Sexual Abuse

Sexual abuse is when someone tries to touch you in ways that make you feel uncomfortable with or without your permission.



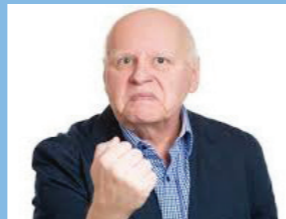
Physical Abuse

Physical abuse is when someone hits you or speaks to you rudely or causes you to be afraid.



Bullying

This is where someone keeps doing or saying mean or hurtful things to have power over you.



Harassment

This is where someone picks on you because of something like your religion, sex, culture, colour, disability, etc.



Human Rights

This is where the rules of the service deprive you of things like feeling safe, privacy and your independence.



BE SAFE

Some of the things St Margaret's do to keep you safe.
We make sure that:

- Everyone is assessed and qualified to do their job.
- Staff know what abuse is and what to do to support you to be safe.
- Staff know how to support you in the best way possible.
- You can have the support of an advocate.
- Staff know how to support you to be well and safe.
- Staff know what to do if they are worried about you.
- Staff know how to support you to know your rights and responsibilities.
- Your service supports you in your life.
- Your concerns are listened to and dealt with in a fair way.
- Your concerns are dealt with privately and respectfully.

STAY SAFE - Always talk to someone if you are worried or afraid.
You have a right to be treated with dignity and respect.